

YOGA



Gentle Yoga

Wednesday

5:30 pm

\$36 – 4 Lessons

Gentle Yoga

Thursday

9:00 am

\$65 – 8 Lessons

Chair Yoga

Thursday

10:15 am

\$10 drop-in

West Melbourne Recreation Department

Veterans Memorial Complex. 2285 Minton Road. West Melbourne FL 32904

321-837-7779